Rob & Chrissy 2019

A Walk to Remember

2 Parisian Islands + a little more

There is a lot of eating on this walking day! If you just eat a little at each place, you should be able to try everything! The French don't split meals. But it's fine if only one of you orders something. Also, if you don't get to all of these things in one day, you can go back another day! <u>This walking tour will allow you see all of the historical areas around your **second AirBnb!**</u>

First stop... breakfast! Walk a few minutes from your apartment to **Le Saint Regis** at 6 Rue Jean du Balley for an authentic French omelette and some coffee. Like most places in Paris, they will give you an English menu. If you like espresso, try ordering a noisette, which is my favorite coffee drink in Paris. It's pronounced **nwah-set**. You can just show the

## waiter this: café noisette

After breakfast, cross the bridge you can see from the Cafe Saint Regis over to the other island, **Ile de la Cite** (*ill duh la see tay*) to WWII memorial called **Deportation Martyrs Memorial.** It's open every day but Monday (closed) from 10am to 6:30pm. It will only take about 15-30 minutes to walk through and is very interesting.

Now you are near **Notre Dame cathedral** from the 1100s. It is closed because of the fire, but still you can get a glimpse from street.

Walk to **20 Place Dauphine** or one of the other cafes right by it for coffee number two! Or perhaps you would like a bottle of sparkling water.

Sparkling water is water with "gas." Sit and enjoy this beautiful, famous square for a bit.

Next walk to **Square du Vert-Galant at Pont Neuf**. Now you are on the tip of Ile de Saint Louis standing in a park where Parisians love to picnic. Enjoy the view for a minute and head off of the islands...

to walk past **Saint-Jacque Tower**. This tower was built in the 1500s! Keep walking to...

The **Hotel de Ville Paris**. I just love this building! It reminds me of Aristocats! Info: The Hôtel de Ville de Paris has been the seat of the Paris City Council since *1357!* The current building, with a neo-renaissance style, was built by architects Théodore Ballu and Edouard Deperthes on the site of the former Hôtel de Ville which burnt down during the Paris Commune in 1871. You can go inside, which I found out recently and have never done! Go in for me! The entrance is at **29 Rue de Rivoli**.

## Now on to a healthy, light lunch at 6 Rue des Barres, 75004.

**L'Ebouillanté** is on an iconic street that is in tons of shows and commercials. The restaurant is open from noon until 10PM. I'm not sure if they close in the afternoon. If the timing is wrong, you could go back to this restaurant later. It's a great place for a healthy salad. If the weather is good, sit outside.

Ready for ice cream and shopping? Walk back onto Ile Saint Louis and go to **Nina Kendosa (43 Rue Saint-Louis en l'Île)** where Chrissy can get a sweater, blouse or scarf that is made in France at a decent price. So cute! Get the best ice cream in France at **Pom Canelle (27 Rue des Deux Ponts).** 

Next, cross the bridge to go to one of the world's most famous book stores, **Shakespeare and Company (37 Rue de la Bûcherie)** Why not

buy a little book to read? Even if you don't buy anything, wander through this odd little shop for a few minutes. Later you can look up the history of this place!

If the weather is good enough, pop into a market, buy a bottle of wine and a **Corkscrew (un tire-bouchon)** You can show these French words to the cashier if you can't find a corkscrew. They should have some plastic cups, too, but you can drink from the bottle if you want. If you can't find a market, there is one near your apartment... **Carrefour Express, 12 Rue des Deux Ponts.** Now go down some stairs (any stairs) on your island towards the water and sit with your feet dangling toward the river. Relax!

Head back to your place to get ready for an evening out. If you want to rest a while, your evening can start at 8 or 9PM. Even 10!

For dinner, you can head to the lively, fun Latin Quarter for some Parisian fastfood... falafel! **Try Chez Asteria at** 13 Rue de la Huchette. After falafel... an underground jazz club. **Le Caveau de la Huchette at 5 Rue de la Huchette,** is open every night from 9PM to 2AM! There is a ten euro cover charge. Have fun listening to live jazz music... maybe even dance a little!